

## **Winner versus Loser**

The winner is always part of the answer – the loser is always part of the problem.

The winner always has a program – the loser always has an excuse.

The winner says...let me do it for you – the loser says...that's not my job.

The winner sees an answer for every problem – the loser sees a problem for every answer.

The winner sees a green near every sand trap – the loser sees two or three sand traps near every green.

The winner says...it may be difficult, but it's possible – the loser says, it may be possible but it's too difficult.

## **Be A Winner**

If you only do what you have always done, you will get only what you have always been getting.

Do some things “more and different” and the changes you see will be less stressful and more exalting.

Reflect tonight on the kind deeds you did today. You will be pleasantly surprised at how many of them you do effortlessly every day.

Consciously help someone today. Every time you act in kindness, you unconsciously reward yourself ten-fold and more.

As you practice higher levels of morality, you will be able to look yourself in the eye longer...in the mirror.

If you will see what you look at...if you will hear what you listen to...you will hardly believe how wiser you will become.

**December 3, 2009**

### **Lost Happiness**

“Every minute your mouth is turned down, you lose 60 seconds of happiness.”

--Nait

**December 3, 2009**

### **Chance's Choice**

“Chance only favours the prepared mind.”

--Louis Pasteur

**December 3, 2009**

**Perspective of Chance**

“Chance is merely another opportunity you did not have a moment ago.”

--Nait

**October 26, 2009**

**Great!**

“Great begets greater.”

--Nait

**October 19, 2009**

**Career Advice**

“Get a job you love and you will not have to work another day.”

--Confucius

**September 22, 2009**

**Find Yourself**

“To find yourself...is to lose yourself in the service of others.”

--Ghandi

**September 17, 2009**

**Greed**

Diamond alone can cut another diamond and a thorn alone will have to be used to remove another thorn. The tendency to be greedy can be cured by another facet of greed. Instead of showing attachment towards worldly objects, one's attention should be directed towards divinity. We can be greedy to acquire spiritual knowledge. Let me possess a deep desire to develop forgiveness, politeness, straightforwardness and peacefulness.

**September 17, 2009**

**We Are Closer Than We Think!**

Even when another person seems apart from you: find a bridge.

**September 17, 2009**

**The Secret of Success**

There must be nothing you are unwilling to do (within the realm of integrity and fair play) to harness success.

**2010**

**Knowledge and Experience**

Knowledge becomes totally worthy, when it is laden with experience.

--Nait

**The Moment and the Future**

The future is simply a collection of moments ... savour the moments and then there is no future to worry about.

--Nait

### **Love and Sound Sleep**

Get exhausted by the love you share, and you will sleep soundly.

--Nait

### **Visions and Doubts**

If you set your lights high enough, there will be fewer shadows to cast doubts on your visions.

--Nait

### **Challenges and Solutions**

Challenges are opportunities to open your soul, so that you can dig deeper to find the solutions.

--Nait

### **Decisions and Goals**

If you don't know where you are going, there is no **there** to get to.

--Nait

### **Relaxation and Permission**

Relax and allow the universe to enjoy your presence.

--Nait

There are many causes that I am prepared to die for but no causes that I am prepared to kill for.

--Mahatma Gandhi

Strength does not come from physical capacity, it comes from indomitable will.

--Mahatma Gandhi

The weak can never forgive. Forgiveness is the attribute of the strong.

--Mahatma Gandhi

### **June 2012**

Do one thing weekly that you failed to do all year.

--Nait

As we worry over what we still need to do, beautiful moments are reeling unproductively into the past.

--Nait

Love yourself and or practice love to yourself. You can share only what you have.

--Nait

Giving is the greatest gift you can give yourself.

--Nait

The limits we place on ourselves and hang on to, make us ordinary. Otherwise we are all and always extraordinary.

--Nait

### **April 2013**

Love yourself...you can only share what you have.

--Nait

If you are happy...be happy that you are.

--Nait

Inhale love and exhale gratitude.

--Nait

The wealth we seek is illusory...the wealth we have is mostly untapped.

--Nait

In order to move "up"...move "in" to yourself. Therein lies your magnificence.

--Nait

The air we share...the breath we take...all else pales in significance.

--Nait

### **May 2013**

Never mind the past and don't guess the future...for you are making it better than it could be if you stayed in the present.

--Nait

Love flourishes when there is no agenda.

Let your magnificence do extraordinary feats with the ordinary...because...everything is ordinary until you inject the extra.

--Nait

To get what you never had...you have to do what you never did.

--Nait

We are all be-ing, not do-ing. Set aside time daily to just...be.  
--Nait